



# Scouts Red Ribbon

**Badge Hand Book**

HIV/AIDS BADGE CURRICULUM



**SCOUTS**<sup>®</sup>  
Creating a Better World



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## TOPICS COVERED

1. Basic facts on HIV/AIDS
2. Reproductive Health Education
3. Other sexually transmitted diseases
4. Peer education
5. The role of Scouting in fighting HIV/AIDS
6. HIV/AIDS and Human Rights



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## FOREWORD

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HIV/AIDS is the worst disaster to have befallen Africa in all times. Already over 3 million Africans have lost their lives. Another 2 million are expected to die before the end of 2005. A full 3 million people are infected and there is little hope of saving them. Even more frightening is the rate of spread of AIDS amongst those who are presently healthy. 2 million new infections will happen in the next 12 months. Of these, 1.5 million will be young people between the ages of 15 and 19. In many African countries, a young person in this age group has a 40% probability of contracting the AIDS causing virus.

If Africa is not to lose an entire generation, we must act now! If scouting is to save many of its members and a lot of other young people, the time to take decisive action is today. Not tomorrow. Scouting is especially well placed to contribute to the fight against HIV/AIDS:

- Scouting is the largest youth movement in Africa with over 2 million members to be found in almost every village, town and city.
- Scouting is well known and greatly respected across the continent. It has been in existence for almost 100 years and has a long history of community involvement. This social capital gives it the credibility needed to tackle the sensitive issues surrounding sexuality.
- Scouting retains young people for a long enough period for them to internalize the AIDS message. Further the Scout Method of education with its emphasis on interactive learning and adult-youth partnership is very suited for passing HIV/AIDS education. Through the Patrol System, scouting has built a lot of experience in empowering young people to be peer educators and generally exert positive peer influence.
- Scouting categorizes young people into four groups according to their age and so is able to direct age appropriate messages to each age group.

The Red Ribbon badge will enable scouting to bring its many attributes to the war against HIV/AIDS and contribute towards the saving of our continent.



## **THE FACTS ABOUT HIV/AIDS**

### **WHAT IS HIV?**

The Human Immuno-deficiency virus (HIV) is the virus which causes AIDS. It causes failure of the immune system in humans. The destruction of the immune system by the virus means that infectious organisms can invade the body unchallenged, and multiply to cause disease.

### **WHAT IS AIDS?**

AIDS stands for Acquired Immuno-deficiency Syndrome. AIDS arises from damage to the immune system as a result of infection with HIV. There are many conditions, which can result in someone being diagnosed as having AIDS, but what links them all is deficiency or weakness of the immune system. The word syndrome is used to emphasise that AIDS is a group of symptoms and not a single disease.

### **There is no cure for AIDS**

AIDS is a condition caused by a virus – HIV. There is no cure for AIDS. Once infected the body cannot rid itself of the virus. Available Anti-Retroviral Therapy (ART) and drugs can only prolong life.

### **WAYS OF CONTRACTING HIV/AIDS**

#### **i. Unprotected sex**

The main form of transmission of the AIDS virus is through unprotected sexual intercourse – that is sex without a condom with a person infected with the virus. Anal sex is particularly risky behaviour as well as sex with someone who has a sexually transmitted disease like gonorrhoea.



## ii. Infected blood and body fluids

The AIDS virus spreads most easily when infected blood from one person is passed on to another. The virus can also be transmitted through other body fluids such as sperm, vaginal fluids and breast-milk.

## iii. Sharing needles and other sharp objects

If you share needles for injecting drug, use of tattooing, or used uncleaned sharp objects for circumcision, initiation, sacrifice or other cutting of the body, you are also at risk of contracting the AIDS virus.

## HOW HIV/AIDS IS NOT TRANSMITTED

HIV/AIDS cannot be transmitted in the following ways:

- Shaking hands
- Social kissing and hugging
- Sharing eating utensils
- Sharing a room
- Sharing toilet and bathroom facilities
- Through coughing or sneezing
- Sharing work instruments or machinery
- Swimming together
- Donating blood to the blood transfusion bodies
- Insect bites, like mosquito bites.

## HOW HIV POSITIVE PEOPLE CAN ENHANCE THEIR HEALTH

In order to maintain good health and delay the onset of AIDS, it is important for people with HIV to:

- Seek early treatment for any health problems
- Eat a varied and balance diet
- Have regular exercise
- Have enough sleep and rest



- Relax and enjoy leisure time
- Take good physical care of the body
- Practice good hygiene
- Maintain morale and positive self-image
- Avoid re-infection
- Avoid smoking
- Avoid fatigue
- Reduce stress and worry.

## HOW TO CARE FOR PEOPLE LIVING WITH HIV/AIDS

There are a number of ways that people with HIV and their families can support positive living and prolong the period of no symptoms. These include:

- Facing life with a positive attitude and not being overcome by stress and worries
- Remaining active in the family, community and workplace, along-side and together with other people
- Learning more about HIV/AIDS by reading and talking to health workers
- Using a condom everytime they have sex
- Eat balanced diets
- Reduce the chances of developing other illnesses and by seeking out health care, Anti-Retroviral Therapy (ART) and treatments for any illness as quickly as possible
- Anti-Retroviral Therapy (ART) can reduce the levels of the virus and prolong life
- Finding out about non-medical treatments including massage, meditation and relaxation exercises, spiritually or alternative medicines, which may help the body's strength to fight diseases. However, be careful of people who try to sell substances as a cure for HIV and AIDS as there is currently no cure for the virus.



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## PART II

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# SCOUTS RED RIBBON BADGE

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Africa Regional Office has been active in supporting the National Scout Associations in their efforts to fight the HIV/AIDS epidemic and its devastating consequences. The Scouts Red Ribbon Badge Handbook takes this fight even further.

The rationale for the handbook includes the increase in number of infections and deaths due to HIV related infections, the increasing number of orphans and high prevalence rate among the youth. It aims at working with young people in Africa to empower them to improve their health, the health of families and communities.

### HOW THE HANDBOOK WORKS

All the activities in this handbook have been designed to be appropriate for the different age groups working towards the badge. By working on the activities to earn the Scouts Red Ribbon Badge and the accompanying Awards. They will receive appropriate training on their reproductive health and eventually become peer educators to other young people in their communities.

They are expected to gain the knowledge and experience to identify their health needs and maintain or improve their health and prevent future health problems.

### LEVELS OF THE SCOUTS RED RIBBON BADGE

In line with the progressive scheme, there are four levels each designed for a different age group and includes age-appropriate topics. Each level also contains activities of a different level of difficulty.



## ACTIVITIES OF THE SCOUT RED RIBBON BADGE

The Scout Red Ribbon Badge has activities that aim at training the young people to understand issues to do with their reproductive health in general and HIV/AIDS in particular at the knowledge, skills and attitudes acquisition areas.

These activities cross cut and reinforce one another. A knowledge activity can be a skill activity and an attitude activity depending on the interpretation and circumstance and vice-versa.

### GENDER

The curriculum has used the male singular person to represent both the male and female. The use of "he", "his" and "him" should be seen as an attempt to simplify the text and depending on the circumstances, can be "she" "her" and "hers".

### THE BADGE AND THE AWARDS

By working on the activities to earn the Scouts Red Ribbon Badge the Scouts are expected to be important players in the fight against HIV/AIDS in their communities.

The Badges are earned by the Scouts who successfully complete six out of nine activities. Activities must include at least two from each of the acquisition areas i.e. knowledge, skills and attitudes.

Each Scout is expected to have an HIV/AIDS Badge Report Card which are to be signed by the Scout Leader at the successful end of each activity. Upon the successful completion of all the activities and the HIV/AIDS Badge Report Card duly signed, the Scout is to be awarded the badge without any delay.

A sample of the Badge Report is presented next:



	<b>Name:</b>			
	<b>Unit:</b>			
	<b>Registration No:</b>			
	<b>Topic</b>	<b>Date of Completion</b>	<b>Signature</b>	<b>Date</b>
1	Basic facts on HIV/AIDS  a) Knowledge b) Skills c) Attitude			
2	Reproductive Health Education  a) Knowledge b) Skills c) Attitudes			
3	Other sexually transmitted diseases a) Knowledge			
	b) Skills c) Attitudes			
4	Peer education a) Knowledge b) Skills c) Attitudes			
5	The role of Scouts in fighting HIV/AIDS a) Knowledge b) Skills c) Attitudes			
6	HIV/AIDS and Human Rights a) Knowledge b) Skills c) Attitudes			
<p>The bearer of this badge Report Card having successfully undertaken all the activities required for the award of the Scouts Red Ribbon Badge was awarded the badge on:</p> <p>Date: _____</p> <p>Signature: _____</p>				



## SCOUTS RED RIBBON BADGE 1

### Targets

*These activities target the Cubs. These start from 6 years to 11 to 12 years old depending on the National Scout Association.*

### TOPIC 1:

#### BASIC FACTS ON HIV/AIDS

- 1. Activities to enhance knowledge on HIV/AIDS:**
  - a) Ask the Cub Scouts to explain all what they know about HIV/AIDS
  - b) Ask each Cub Scout to trace his family tree as far back as possible and make either a drawing or a model to illustrate it
  - c) Ask the Cub Scout to name six killer diseases in children
  
- 2. Activities to enhance the skills on HIV/AIDS**
  - a) Ask the Cub Scout to make a simple flip book to share with his peers. Let him include all what he knows about HIV/AIDS
  - b) Ask the Cub Scout to find out what his school or community does on the World AIDS Day, December 1 and put it down in his flipbook
  - c) Ask the Cub Scout to name at least four places where he can get information on HIV/AIDS
  
- 3. Activities to enhance the Attitudes on HIV/AIDS**
  - a) Ask the Cub Scout to do at least one good turn each day for someone at home and tell you about it
  - b) Ask the Cub Scout to draw a poster on HIV/AIDS and share it with his friends
  - c) Ask the Cub Scout to recite the Scout Law and Promise

**TOPIC 2:****REPRODUCTIVE HEALTH EDUCATION****1. Knowledge Activities**

Ask the Cub Scout to do the following:

- a) Tell what each member of his family does every morning before going out.
- b) Describe two of his rights and obligations in his family
- c) To mention three physical differences between a boy and a girl

**2. Skill Activities**

Ask the Cub Scout to do the following:

- a) Collect, for a period of two weeks, as many examples of magazine cuttings etc. as he can on the subject of sex and sexuality as discussed in the media
- b) To organise these items into a resource book and present it to his peers
- c) To mention three parts of a male and a female reproductive organ

**3. Attitude Activities**

Ask the Cub Scout to do the following:

- a) Make a list of the traditional roles of boys and girls in their community and explain how the society helps to form these roles
- b) Know and understand the importance of:

- Good eating habits
- Personal hygiene

- c) Make a picture poster or list of activities he likes to do with friends. Include:

- Activities he does with girls only
- Activities he does with boys and girls only
- Activities he does with boys only.

**TOPIC 3****OTHER SEXUALLY TRANSMITTED DISEASES****1. Knowledge activities**

Ask the Cub Scouts to do the following:

- a) Name three sexually transmitted diseases
- b) Name three things that young people should do to stay healthy and strong
- c) To understand the following:

- Abstinence
- Faithfulness
- Condom use

**2. Skills Activities**

Ask the Cub Scouts to do the following:

- a) Explain the behaviours that can lead someone to catch a sexually transmitted disease
- b) Demonstrate how to apply the Scout promise to remain healthy and active
- c) Write down their rights and responsibilities in their school and communities

**3. Attitude Activities**

Ask the Cub Scout to do the following:

- a) Write and recite a one stanza poem on the dangers of STDs
- b) Tell 15 of his peers that STDs are dangerous
- c) Design and make a greeting card using paper, a cardboard or natural materials like banana bark and write the words: "Don't catch STDs".

**TOPIC 4:****PEER EDUCATION****1. Knowledge Activities**

Ask the Cub Scout to do the following activities:

- a) Write down ten names of his peers that he would like to share the message of HIV/AIDS with



- b) Attend an orientation class organised by the Scout Leader on peer education
- c) Explain five things he has heard from his peers about HIV/AIDS

## 2. Skills Activities

Ask the Cub Scout to do the following activities:

- a) Explain to 10 of his peers the ways of contracting HIV/AIDS
- b) Explain to his family/guardian how the Scout Promise can be used to fight HIV/AIDS
- c) Lead a discussion on problem associated with teenage pregnancies. For example, health, socio-economic, educational implications

## 3. Attitude Activities

Ask the Cub Scout to do the following activities:

- a) Accompany his friend to their home and talk about HIV/AIDS with his parents or guardians
- b) Collect 10 newspaper cuttings on HIV/AIDS and share with his peers
- c) To make a Red Ribbon AIDS Badge and put it on for one week

# TOPIC 5:

## THE ROLE OF SCOUTS IN FIGHTING HIV/AIDS

### 1. Knowledge Activities

Ask the Cub Scouts to do the following activities:

- a) Recite the Scout Law and Promise
- b) To learn and understand the Mission of Scouting
- c) List 10 activities that Scouts can do to their communities to make them better

### 2. Skills Activities

Ask the Cub Scouts to do the following activities:

- a) To talk to his friends about infectious diseases such as TB and Cholera and simple measures the Cub Scouts can take to prevent them
- b) To attend a session where you will discuss with them the skills the Scouts require to fight HIV/AIDS



- c) To make a list of ways people with HIV/AIDS are cared for in his community.

### 3. Attitude Activities

Ask the Cub Scout to do the following activities:

- a) Make a poster about HIV/AIDS that will promote activities in his community that will increase awareness about HIV/AIDS
- b) Make and give out 15 Red Ribbons using locally available resources
- c) Talk to a doctor or a nurse on the care needed for people suffering from HIV/AIDS

## TOPIC 6:

### HIV/AIDS AND HUMAN RIGHTS

#### 1. Knowledge Activities

Ask the Cub Scouts to do the following activities:

- a) To list five rights and responsibilities of a child in a family
- b) Make a list of reasons why people would not want to be open about HIV/AIDS
- c) To name 2 people who are advocating for the rights of people living with HIV/AIDS in his country

#### 2. Skills Activities

Ask the Cub Scouts to do the following activities:

- a) Explain the barriers in his community to being open about having HIV/AIDS
- b) Discuss with you how he would respond if someone called him a bad name because they are different from him
- c) Write a short poem, song or play that promotes equality among people

#### 3. Attitude Activities

Ask the Cub Scout to do the following:

- a) Design a card entitled "I AM YOUNG SAVE ME FROM AIDS" and share it with 10 adults
- b) Make a poster asking people to support people with HIV/AIDS and not discriminate
- c) Make a Red Ribbon from locally available resources and for one month show solidarity with people living with HIV/AIDS by putting it on



## SCOUTS RED RIBBON BADGE 2

### TARGET

These activities target the Junior Scouts. This section concerns young boys or girls of 10 or 11 to 14 or 15 years old depending on the country.

### TOPIC 1

### BASIC FACTS ON HIV/AIDS

#### 1. Knowledge Activities

Ask the Junior Scouts to do the following activities:

- a) Define HIV and AIDS
- b) Explain three main ways of contracting HIV/AIDS
- c) Name behaviours that may lead one to contract HIV/AIDS

#### 2. Skills Activities

Ask the Junior Scouts to do the following activities:

- a) Make a flipbook where he will record as much information as possible on HIV/AIDS
- b) Find out places in his community that provide care and support to people living with HIV/AIDS
- c) Collect for a period of one month, as many examples of magazine cuttings etc. as he can on the subject of HIV/AIDS as discussed in the media and share with his peers

#### 3. Attitude Activities

Ask the Junior Scouts to do the following activities:

- a) Visit a hospital and talk to the doctor or nurse about HIV/AIDS
- b) Share his experience from the hospital with five of his friends
- c) To understand the role of Voluntary Counselling and Testing Centers

**TOPIC 2:****REPRODUCTIVE HEALTH EDUCATION****1. Knowledge Activities**

Ask the Junior Scout to do the following activities:

- a) Make a list of the traditional roles of boys and girls in their community and explain how the society helps to form these roles
- b) Find out the main causes of teenage pregnancies and explain how it can be prevented
- c) Explain four different ways of planning a family.

**2. Skills Activities**

Ask the Junior Scout to do the following activities:

- a) Draw an adolescent boy and girl clearly showing the major physical features
- b) Sing a song depicting a rite of passage in his community
- c) Describe four of his rights and duties in his family

**3. Attitude Activities**

Ask the Junior Scout to do the following activities:

- a) To talk to 10 people about the importance of living a healthy life
- b) Practice keep fit regularly for 2 months
- c) Design a postcard written "NO TO SEX YES TO LIFE" and share it with 10 people.

**TOPIC 3:****OTHER SEXUALLY TRANSMITTED DISEASES****1. Knowledge Activities**

Ask the Junior Scout to do the following activities:

- a) Name and describe symptoms of three sexually transmitted diseases
- b) List bad behaviours that may lead to pre-marital sex and



- expose the youth to sexually transmitted diseases
- Find out about at least 2 myths surrounding STDs and get the facts from an expert in the field.

## 2. Skills Activities

Ask the Junior Scouts to do the following activities:

- Write on a piece of paper the dangers of STDs
- Watch a film focusing on STDs and explain to you what he saw. Alternatively he can read a book or magazine on the same and explain to you
- To name 3 health centers nearest to him where he can access treatment if required.

## 3. Attitude Activities

Ask the Junior Scouts to do the following activities:

- Write a 3 stanza poem or a song on the dangers of STDs and share it with his family members
- To attend a session organized by you where an invited guest will speak on STDs
- Design a badge from locally available materials with the message "NO TO SEX" wear it for 2 weeks

# TOPIC 4:

## PEER EDUCATION

### 1. Knowledge Activities

Ask the Junior Scouts to do the following activities:

- Write down the names of his 10 best friends
- Write down the places his friends frequent most
- Write down what he considers as the biggest challenges facing his peers today

### 2. Skills Activities

Ask the Junior Scouts to do the following activities:

- Organize and lead a session on "My Role in Fighting AIDS" to at least 5 of his peers
- Attend a session organized by the Scout Leader on "How



To Fight HIV/AIDS Through Your Peers”

- c) Lead his peers in organizing a game that will be done by both girls and boys.

### **3. Attitude Activities**

Ask the Junior Scouts to do the following activities:

- a) Visit his friend’s family and talk to them about HIV/AIDS
- b) In a skit with another Scout or Scouts, demonstrate the effects of peer pressure
- c) Make and share with 5 of his peers a postcard from the locally available materials with the message: YOU ARE MY FRIEND, I NEED YOU ALIVE”

## **TOPIC 5:**

### **THE ROLE OF SCOUTS IN FIGHTING HIV/AIDS**

#### **1. Knowledge Activities**

Ask the Junior Scouts to do the following activities:

- a) Find out and write down what the society thinks of Scouting
- b) Find out and write down the view of his community on HIV/AIDS
- c) Show proof of reading at least 3 documents on HIV/AIDS or show proof of attending 3 workshops on HIV/AIDS

#### **2. Skills Activities**

Ask the Junior Scouts to do the following activities:

- a) Recite the Scout Law and Promise and live by it
- b) Invite a counsellor to talk to the youth of his area about the dangers of unprotected sex
- c) Talk to a local community association that does work in HIV/AIDS. Let him ask them to record the talk and share it with you

#### **3. Attitude Activities**

Ask the Junior Scouts to do the following activities:

- a) Promote activities in his community that will increase awareness about HIV/AIDS by organizing a poster display about



HIV/AIDS.

- b) Make 50 Red Ribbons and distribute to 50 adults in his community
- c) Organize and participate in a skit on HIV/AIDS to an audience of at least 20 people

## TOPIC 6:

### HIV/AIDS AND HUMAN RIGHTS

#### 1. Knowledge Activities

Ask the Junior Scouts to do the following activities:

- a) Explain three basic Human Rights as recognised in their country
- b) Explain to you what the first impression one has in his community when they see an HIV positive person
- c) Understand what causes discrimination among human beings

#### 2. Skills Activities

Ask the Junior Scouts to do the following activities:

- a) Explore the sources of prejudice of HIV/AIDS
- b) List and share with you the groups of people he thinks are most at risk of contracting HIV/AIDS
- c) Name three people who are most active in the fight against HIV/AIDS in his country

#### 3. Attitude Activities

Ask the Junior Scouts to do the following activities:

- a) Tell 15 different people that anybody can catch HIV/AIDS
- b) Write a 2 stanza poem or song on the dangers of discriminating. Recite or sing it to the other Scouts
- c) Draw a poster with the following words: "DON'T DISCRIMINATE AGAINST THE VICTIMS OF HIV/AIDS". Display it in a public place for at least 12 hours.



## SCOUTS RED RIBBON BADGE 3

### TARGET

The activities here target the Venture Scouts. This section of Scouts is for young people of 14 or 15 to 18 years old depending on the country. In this section they need to exercise responsibilities and to affirm their personalities.

### TOPIC 1:

### BASIC FACTS

#### 1. Knowledge Activities

Ask the Venture Scouts to do the following activities:

- a) Get the figures of the 5 leading districts in terms of HIV/AIDS infections in his country
- b) Understand and explain ways of preventing HIV infection
- c) Understand and explain why mosquitoes do not spread HIV/AIDS

#### 2. Skills Activities

Ask the Venture Scouts to do the following activities:

- a) Demonstrate the proper use of condom to prevent HIV/AIDS
- b) Attend a one-day counselling session run by a Scout Leader
- c) Collect newspaper/magazine cuttings on HIV/AIDS for a period of 2 months and share them with other Scouts

#### 3. Attitude Activities

Ask the Venture Scouts to do the following activities:

- a) Make and display a poster about HIV/AIDS in a public place for a period of 2 days
- b) Make and give out Red Ribbons to 20 people with an explanation of what this symbol means
- c) Prepare and present to his family members a short talk on "The Dangers of HIV/AIDS".

**TOPIC 2:****REPRODUCTIVE HEALTH EDUCATION****1. Knowledge Activities**

Ask the Venture Scouts to do the following activities:

- a) Make a list of the traditional roles of boys and girls in the community and explain how the society helps to form these roles
- b) Describe some of the physical and emotional changes associated with puberty
- c) Understand and explain how conception takes place

**2. Skills Activities**

Ask the Venture Scouts to do the following activities:

- a) Draw and label the human reproductive system and explain to the other Scouts the functions of each organ
- b) Prepare with his patrol a display depicting commercial exploitation of sexuality in his community
- c) Discuss with the patrol how they feel about parenthood and list down the responsibilities of being a good parent

**3. Attitude Activities**

Ask the Venture Scouts to do the following activities:

- a) Describe to his patrol a difficult decision he has had to make and discuss the factors that influenced his decision
- b) Write a 150-word essay on "My Role Model"
- c) Visit a Family Planning Resource Center and discuss with the specialists about Family Planning methods. Let him present a brief report to the Patrol

**TOPIC 3:****OTHER SEXUALLY TRANSMITTED DISEASES****1. Knowledge Activities**

Ask the Venture Scouts to do the following activities:

- a) Name 10 different STDs and give their symptoms



- b) Find out the names of these STDs in their local language
- c) List 10 behaviours that will predispose someone to contract STDs

## 2. Skills Activities

Ask the Venture Scouts to do the following activities:

- a) Research and report on some of the problems associated with the STDs
- b) Attend a one day session organized by the Scout Leader on "Scouts and STDs". Invite a specialist to talk to them
- c) Chart the summary of symptoms and causes of STDs and consequences of non-treatment and treatment

## 3. Attitude Activities

Ask the Venture Scouts to do the following activities:

- a) Role-play scenes emphasising the importance of an infected person telling his partner
- b) Write an essay on how the more liberal lifestyles of today's youth encourage the spread of STDs
- c) Visit any medical unit and talk to either a doctor or a nurse and find out how prevalent STDs are in his district

# TOPIC 4:

## PEER EDUCATION

### 1. Knowledge Activities

Ask the Venture Scouts to do the following activities:

- a) Understand and be able to explain who a peer is
- b) To attend a session on "The Role of Peer Education in the fight against HIV/AIDS" organized by the Scout Leader
- c) Explain the importance of friendship in human relationships

### 2. Skills Activities

Ask the Venture Scouts to do the following activities:

- a) Organize and lead 2 sessions on reproductive health for his peers



- b) Collect and record the following information about four of his peers:

- His likes and dislikes
  - His ambitions
  - His strengths and weaknesses
- Let him share the information with his peers.

- c) Debate with his peers on the topic "THE ROLE OF THE YOUTH IN FIGHTING HIV/AIDS"

### 3. Attitude Activities

Ask the Venture Scouts to do the following activities:

- Organize and participate in a song or a skit with his peers depicting the dangers of HIV/AIDS
- Find out from a health professional about STDs. Let him discuss with 10 of his peers
- Lead his peers to visit a health center and learn more about HIV/AIDS

## TOPIC 5:

### THE ROLE OF SCOUTS IN FIGHTING HIV/AIDS

#### 1. Knowledge Activities

Ask the Venture Scouts to do the following activities:

- Have an interview with a community elder and let him explain the position of HIV/AIDS In the community
- Identify five of the most urgent needs of his community
- Find out about the cultural practices that fuels the spread of HIV/AIDS in the community and share with his friends

#### 2. Skills Activities

Ask the Venture Scouts to do the following activities:

- Research and share with his peers some of the problems associated with HIV/AIDS in his community
- Organize a meeting of young people and lead a discussion on "HIV/AIDS AND YOUTH"
- Write a 100 word essay on "THE ROLE OF SCOUTS IN FIGHTING HIV/AIDS"



### 3. Attitude Activities

Ask the Venture Scouts to do the following activities:

- a) Get and distribute HIV/AIDS pamphlets to at least 50 people
- b) Organise a skit with his friends on the dangers of HIV/AIDS and make a presentation in public place
- c) Visit anybody living with HIV/AIDS and perform a good turn

## TOPIC 6:

### HIV/AIDS AND HUMAN RIGHTS

#### 1. Knowledge Activities

Ask the Venture Scouts to do the following activities:

- a) List 3 basic human rights as identified in law in his country
- b) List 3 names of the ART drugs available in his country
- c) Find out and report on the activities that take place during the World AIDS Day

#### 2. Skills Activities

Ask the Venture Scouts to do the following activities:

- a) Research and report on the local names used for HIV/AIDS in the country
- b) Attend a session on "HIV/AIDS and Human Rights" organized by a Scout Leader
- c) Collect and paste in a flip book information or news from newspapers for 2 months and share with his patrol.

#### 3. Attitude Activities

Ask the Venture Scouts to do the following activities:

- a) Write and recite a short poem on the need to respect the rights of the people living with HIV/AIDS
- b) Write a profile of one anti-AIDS crusader and explain how his activities have affected you
- c) Design a big poster with the words 'AIDS OR NO AIDS, WE ARE ALL EQUAL'. Let him display it in a public place for 2 days



## SCOUTS RED RIBBON BADGE 4

### TARGET

The activities here target the Rovers. The age bracket goes from 18 or 19 in 25 years from some Associations and 30 years for others in Africa. In the Rover crew, the progression is mostly done through the proficiency side of the progressive scheme, in order to eliminate undue classification and unfair competition.

### TOPIC 1:

### BASIC FACTS ON HIV/AIDS

#### 1. Knowledge Activities

Ask the Rovers to do the following activities:

- a) List 10 factors that fuel the spread of HIV/AIDS In the country
- b) Understand and be able to explain the difference between HIV and AIDS
- c) Understand and be able to explain CD count in regard to HIV test

#### 2. Skills Activities

Ask the Rovers to do the following activities:

- a) Research and report on the latest figures on HIV/AIDS available for his country
- b) Attend a session organized by a Scout Leader on "Basic facts on HIV/AIDS"
- c) Draw a chart depicting the progress from HIV to full blown AIDS

#### 3. Attitude Activities

Ask the Rovers to do the following activities:

- a) Collect flyers, pamphlets or books and distribute in a public place



- b) Visit a local health center and talk to an expert on the prevalence of HIV/AIDS in the area
- c) Write down all the symptoms of a person infected by the AIDS virus and let him explain each

## TOPIC 2:

### REPRODUCTIVE HEALTH EDUCATION

#### 1. Knowledge Activities

Ask the Rovers to do the following activities:

- a) Differentiate between sex and sexuality
- b) Explain whether nature or nurture has greater influence of sex roles
- c) Explain the physical and emotional changes one goes through from childhood to adulthood

#### 2. Skills Activities

Ask the Rovers to do the following activities:

- a) Define and describe sexual rites of passage: circumcision, clitoridectomy, puberty rites or any other age-specific initiation
- b) Discuss with his patrol the qualities of a good parent
- c) Compile a list of five items depicting disaster or tragedies affecting families as reported in the media. Let him discuss this with his Patrol.

#### 3. Attitude Activities

Ask the Rovers to do the following activities:

- a) Using role plays with his friends act out situation in which they demonstrate immaturity/maturity
- b) Find out from elderly relatives about the taboos associated with courtship, marriage and sex and report to his patrol
- c) Draw a poster or chart, that can be used in a child health campaign. Let him lead this campaign for one weekend in a public place

**TOPIC 3:****OTHER SEXUALLY TRANSMITTED DISEASES****1. Knowledge Activities**

Ask a Rover to do the following activities:

- a) Define venereal disease or STDs
- b) Explain reasons for spread of STDs
- c) Discuss various STDs and cures, traditional and modern

**2. Skills Activities**

Ask a Rover to do the following activities:

- a) Demonstrate the proper use of condoms
- b) Know the symptoms of STDs and explain to his patrol
- c) Invite an expert to talk to his patrol on STDs and their effects and treatments

**3. Attitude Activities**

Ask a Rover to do the following activities:

- a) Come up with a role-play in which Scouts can practice talking with a partner about STDs or seeking treatment from a doctor
- b) Find out where further information about STDs can be found and share this information with his Patrol
- c) To find out and report to the Patrol the attitudes of people towards condoms as contraceptives

**TOPIC 4:****PEER EDUCATION****1. Knowledge Activities**

Ask a Rover to do the following activities:

- a) Define who a peer is
- b) Explain the ways of reaching out to peers
- c) Understand and be able to explain Scouting as a non-formal educational movement



## 2. Skills Activities

Ask a Rover to do the following activities:

- a) Prepare a short talk on "The importance of having friends around us" and present it to his patrol
- b) Plan a field trip for his troop to a local medical center and learn more about STDs and HIV/AIDS
- c) List 10 names of his friends and explain what he likes most about each of them

## 3. Attitude Activities

Ask a Rover to do the following activities:

- a) Write and report on his role model explaining how he has impacted him
- b) Participate with his peers in a short skit depicting ways to resist peer pressure and assert their own points of view
- c) Have his patrol attend a public function while wearing the Red Ribbon

## TOPIC 5:

### THE ROLE OF THE SCOUTS IN THE FIGHT AGAINST HIV/AIDS

#### 1. Knowledge Activities

Ask a Rover to do the following activities:

- a) Understanding the structure of his community and find out the role of the youth in his community
- b) Find out and report to his patrol the efforts made so far in his community to fight HIV/AIDS
- c) Name 5 places where one can be tested of HIV/AIDS

#### 2. Skills Activities

Ask a Rover to do the following activities:

- a) Organize a day camp for scouts and invite an expert to talk on the topic HIV/AIDS
- b) Hold a discussion with family members about the dangers of AIDS and the importance of chastity
- c) Research on the infection rate of HIV/AIDS in his community and report to his troop



### 3. Attitudes Activities

Ask a Rover to do the following activities:

- a) Get the literature on HIV/AIDS and share with at least 25 people
- b) Initiate an HIV/AIDS group in his community
- c) Design and display a big poster with the words, "SCOUTS ARE AGAINST HIV/AIDS, WHAT ABOUT YOU?"

## TOPIC 6:

### HIV/AIDS AND HUMAN RIGHTS

#### 1. Knowledge Activities

Ask a Rover to do the following activities:

- a) Discuss stereotypes people have about people living with HIV/AIDS
- b) Understand and explain the basic Human Rights as defined by Law in his country
- c) Read three books/journals/newspapers defending the rights of people living with HIV/AIDS

#### 2. Skills Activities

As the Rover to do the following activities

- a) Invite a speaker to discuss with other Scouts the legal implications of abusing the rights of people living with HIV/AIDS
- b) Research, list and share with his patrol the myths, taboos and prejudices in the context of the HIV/AIDS
- c) List and share with his patrol the specific needs of people living with HIV/AIDS

#### 3. Attitude Activities

Ask a Rover to do the following activities:

- a) Visit a terminally ill person and do a good turn
- b) Design a Red-Ribbon from the locally available resources and wear it for one month
- c) Display a poster in a public place with the message "LOVE IS MORE POWERFUL THAN HIV/AIDS". Let him explain this message to at least 10 people.



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